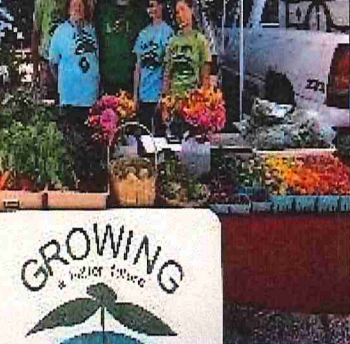


# Wellness Progress Report

April 24, 2017







# Wellness Board Goals

## **II. 1. Implement the plan to connect curriculum to outdoor student learning opportunities**

- A. Connect gardens to curriculum by broadening the number of students and staff in gardens
- B. Assess what is currently being done by various teachers at each level to make use of outdoor spaces in their curriculum
- C. Include staff-created garden/outdoor learning spaces lessons within the K-5 science course masters for instructional implementation
- D. Continue to expand gardens at remaining buildings and establish financial plan for sustain the gardens
- E. Provide professional development for teachers and staff supporting Farm to School and The Alliance for a Healthier Generation initiatives

## **II. 3. Continue to implement and improve district health and student wellness initiatives**

- A. Provide the board with a progress report on what is currently being done and what the future plans are in the works
- B. Market the benefits of Child Nutrition Programs and Farm to School initiatives

## **V. Resource Allocation**

- 5. Investigate Food Service use of disposable containers and multi-section trays

# Making Use of Outdoor Spaces and Connecting to Curriculum

- ▶ 8 Elementary school raised bed gardens
- ▶ 4 Middle school production gardens
- ▶ 42 Lesson plans on Blackboard
- ▶ 20 Additional plans on SchoolWires for community members
- ▶ Garden “lessons in a bag”





# Student Wellness Initiatives

- ▶ Marathon clubs
- ▶ SPARK physical education curriculum
- ▶ Mobile bike trailers
- ▶ Mobile tool shed
- ▶ 2nd grade Body Venture and Nutrition field trip
- ▶ 4th grade Slice of Ag field trip
- ▶ 7th Grade Junior Kaw Valley Farm Tour field trip



# Looking Forward, Growing Together

## Future Objectives

1. **Audit current efforts (The Alliance for a Healthier Generation)**
  - ▶ Establish Wellness Advisory Board
  - ▶ Develop a timeline of actionable steps with best use of resources
2. **Develop sustainable marketing and public relations plans**
  - ▶ Identify fundraising opportunities and business partnerships
  - ▶ Pilot outreach events in order to inform community of F2S activities taking place within the county
3. **Expand programming within Food Service**
  - ▶ Explore second chance breakfast, evening meals, and culturally diverse offerings
  - ▶ Seek out local food sources of proteins, grain choices, & items available during non-peak growing seasons
4. **Integrate complete curriculum scope and sequence**
  - ▶ Compile and disseminate opportunities for P.D. related to school gardening activities
  - ▶ Identify and pilot opportunities for experiential learning events at the high school level

# Sustaining Our Vision

## Grants and Donations 2015-2017

	<u>2015-16</u>	<u>2016-17</u>	<u>2017-18</u>	<u>Total</u>
Grants	\$ 295,478	\$ 119,100	\$ 0	\$ 420,578
Donations	\$ 250	\$ 5,000	\$ 0	\$ 5,250
On-going	\$ 0	\$ 12,100	\$ 12,100	\$ 18,200
<b>Total</b>	<b>\$ 295,728</b>	<b>\$ 136,200</b>	<b>\$ 12,100</b>	<b>\$ 444,028</b>

## Proposed Budget for School Sponsored Gardens

### **Elementary Schools**

Coordinators	\$ 21,000
Fall and Spring Supplies Stipends	\$ 2,800
<b>Elementary Schools Total</b>	<b>\$ 23,800</b>

### **Middle Schools**

Coordinators	\$ 19,200
Asst. Coordinators	\$ 11,000
Fall and Spring Supplies Stipends	\$ 4,000
<b>Middle Schools Total</b>	<b>\$ 34,200</b>

**2017-2018 School Year \$ 58,000**



# Empowered by the Community

Our overarching vision is to have Lawrence Public School children enjoy healthy foods that maximize seasonal and local products and bolster student achievement and wellness. This is a joint effort from our schools, businesses and public health leaders who have committed time, energy and resources and are actively working in collaboration to support our wellness initiatives. Thank you to the generous funders. Their support has made us where we are today.

