

THE LION'S ROAR

UPCOMING EVENTS

8/1 ALL-Sports Information Meeting 6:30 pm
8/12 Ninth Grade Parent Night 6:30pm
8/12 Fall Sports Forms **DEADLINE**
8/13 Ninth Grade AM ONLY 8:00am
8/13 New Students 10-12 1:30pm
8/14 Regular Schedule 9-12
8/19 First Day of Fall Sports
8/21 Fresh Orch Parent Meeting 6:00 pm
8/21 Orchestra Fun Night 7:00 pm
8/26 Picture Makeup Day
8/26 Fall Open House 6:30 pm
8/29 Club Fair 3:15 pm
8/29 Fall Jamboree 4:00pm
8/31 Lions Leap Dance 7:00pm



MONTHLY NEWSLETTER FOR
LAWRENCE HIGH SCHOOL
LAWRENCE, KANSAS
AUGUST, 2024

A Message From the Principal

Dear Parents and Guardians,

I hope that you enjoyed your summer vacation. I know that this is a long letter, but there's a lot of information in here so please set aside a few minutes to read through everything. We look forward to our young Chesty Lions returning to campus for the 24-25 school year.

It's a GREAT day to be a Lion!
Quentin Rials, Principal



The LHS Spirit Squads will host a "Litte Lions" Cheer Clinic on Sunday, September 22 for youth ages PreK-6th grade. See the registration flyer at the end of this month's newsletter for more information.



Heartland Dental Clinic will hold a dental clinic at LHS on Monday, September 16 and Tuesday, September 17. An appointment is required. For an appointment or more information call Heartland Health Dental at 785-841-7297.



The event will include free screenings, educational opportunities, free shoes, and back to school supplies as well as prize drawings and free giveaways, food, entertainment and more!

The Kids Expo will be a free event for the community where families and children are able to participate in a wide variety of creative activities while learning about Lawrence Public Schools and community services, educational programs, businesses, and extracurricular activities.

We have the entire campus, parking lot and building reserved for the day and currently have more than 27 businesses and organizations joining us for the event including fire & medical, Dottie the book truck from Lawrence Public Library, live music and inflatables with KU athletics!

HAIRCUTS: We are fortunate to have a team of community barbers and hair stylists via Haven For Haircuts, that will be volunteering their time at the event to provide free haircuts. **STUDENTS ONLY AND USD 497 STAFF MUST SCHEDULE AN APPOINTMENT FOR THEM.** These will be basic, dry cut haircuts (no styling, colors, design work, perms etc). They ask that the students come with clean/washed hair the day of.



As students are enrolling for the 24/25 school year we encourage parents to download the First View app to track how close the bus is getting to their house.

Go to your Play Store or wherever you get your apps, type in **FirstView**, and download the app. The school code for LHS is **3EVR**. First Student uses this app for notices when buses are running late, or other information that needs to be shared with parents.

Interested in joining a sport at LHS but not sure where you fit in? The LHS Cross Country team will take all students in grades 9-12 who want to meet new people and develop friendships that can last a lifetime. See the flyer at the end of this newsletter for more information. Note: To participate in athletics as an athlete or manager requires the submission of a physical and proof of insurance form on www.aktiviate.com

~[Kyle Morgison](#), LHS Head Cross Country Coach





LHS science teacher, Lisa Ball, traveled to Germany on a STEM tour as a Transatlantic Outreach Program fellow this summer. You can check out her STEM adventure here: https://www.instagram.com/msball_goes_global/ or follow @msball_goes_global on Instagram

The LHS Link Crew invites the **Chesty Lion Class** of 2028 to



9th Grade Orientation

Tuesday, August 13

8 am - 12 noon LHS Main Gym

Dress comfortably and leave school supplies & backpacks at home

The LHS Link Crew will also host a special orientation
for **NEW Students** entering grades 10, 11, and 12.

Tuesday, August 13 from 1:30-3 p.m. in the Cafeteria

Dress comfortably and leave school supplies & backpacks at home

Peaslee Technical Training Center

Douglas County High School Youth Apprenticeship Program 2024-2025

Complete post-secondary education while you are in high school!

Peaslee Tech received a grant from the State of Kansas that will help pay up to \$2000 towards an apprenticeship program per each apprentice. This leaves a remaining balance for some of the programs, which the student will be responsible for. (If financial assistance is needed, please reach out to Charlie Lauts, charlie.lauts@peasleeteach.org, or Andrea Chavez andrea.chavez@peasleeteach.org, as soon as possible.)

Peaslee Tech is pleased to offer 12 different 1-Year Competency Based Registered Apprenticeships. Apprenticeships are paid positions once the student is working with an employer.

On Campus Courses at Peaslee Tech:

Residential Plumber: Class meets Tuesday nights from 5:00 - 8:45 pm starting September 3, 2024 and completing on July 8, 2025. Grant covers \$2000 and the student is responsible for \$625 of tuition.

Residential HVAC: Class meets Thursday nights from 5:00 - 8:45 pm starting September 5, 2024 and completing on June 26, 2025. Grant covers \$2000 and the student is responsible for \$625 of tuition. Students will earn their EPA 608 certification during the class.

Residential Carpentry: Class meets Tuesday and Thursday night from 5:00 - 8:45 pm starting August 20, 2024 and ending December 19, 2024. Grant covers tuition 100%. Students will frame a house for Tenants to Homeowners during the class.

Facilities Maintenance: Class meets Monday and Wednesday evenings from 5:00 - 8:45 pm starting August 26, 2024. After completion of on campus training the student will begin a paid apprenticeship. Grant covers \$2000 and the student is responsible for \$625 of tuition.

CDL-A (Commercial Drivers License): student must be 18 years old to enroll. Grant will cover \$2000 and the student is responsible for \$2620 of the tuition. Once students receive their permit they will be given up to 86 hours of combination vehicle driving instruction in preparation of the driving exam at a state CDL testing site.

Online Course options to complete before starting an apprenticeship.

1. **Sterile Processing Technician:** Grant covers \$2000 and the student is responsible for \$795 of the tuition.
2. **Dental Assistant:** Grant covers \$2000 and the student is responsible for \$995 of the tuition.
3. **Veterinarian Assistant:** Grant covers \$2000 and the student is responsible for \$495 of the tuition.
4. **Pharmacy Technician:** The grant covers 100% of the tuition cost.
5. **Appliance Repair Technician:** The grant covers 100% of the tuition cost.
6. **RV Technician (must be 18 years old):** The grant covers \$2000 and the student is responsible for \$625 of the tuition.

Course through Google Classroom

Engineering Assistant: The grant covers \$2000 and the student is responsible for \$625 of the tuition.

For more information: Charlie Lauts charlie.lauts@peasleetech.org or call 785-856-1801, ext 106 or see your students' high school counselor to get enrolled

PLEASE OPEN THE ATTACHED DOCUMENT BELOW FOR COURSE DESCRIPTIONS:

[2024-2025 Youth Apprenticeships.pdf](#)

ATTENDANCE OFFICE

attendance
MATTERS

Call the Attendance Line at 785-330-4968 or email lhsattendance@usd497.org to report an absence or check a student out during the school day. Please leave a message!

PLEASE CALL 2 HOURS IN ADVANCE - CLASSES MAY BE OUTSIDE

- Students will be released by their teacher only when notified by a pass from the office
- Only parent(s)/legal guardian(s) listed in PowerSchool may excuse students
- Students may not excuse themselves or check themselves out
- Both voicemail\email are monitored continuously during business hours

ACTIVITIES OFFICE

[Dr. Elaina Honas](#), Assistant Principal/Activities Director

[Dr. David Ruis](#), Activities Secretary

Follow us on Twitter [@activities_LHS](#)

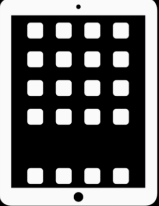
Dates to Know:

August 12 Parent Night for 9th graders @ 6:30 pm

August 26th Open House 6:30-8:30 pm

August 29th Club Fair @ 3:15pm in Cafeteria

August 31st Lions LEAP dance 7-9 pm between the gyms




Device Pick-Up

August 13th
8 am - 2 pm

or

August 14th
During the school day



Picture Day

AUGUST 26TH
DURING THE
SCHOOL DAY

*STUDENTS WHO HAVE NOT YET TAKEN
THEIR PICTURE

RETAKES ON
OCT. 7TH





2024 Lawrence High School

Picture Day: August 26th during the school day.

***This day is for students who have not yet taken pictures**

Picture Re-take: October 7th

STUDENT CLUBS

A full listing of student clubs is available in Student Services



Heidi Woods will be the InterTribal Club sponsor. They will meet every other Wednesday. Ms. Woods invites community members to share their expertise and ideas for club activities. hwoods@usd497.org

ANNOUNCEMENTS

LHS Student Media Classes and Room 308 Productions present student announcements every Monday and Friday via the Room 308 Productions YouTube Channel

[Room 308 Productions YouTube Channel](#)



Free and Reduced

Below are the free/reduced documents for the 2024-2025 school year

- Letter to Household (English & Spanish) - It is a requirement that we provide this information to all households at the start of the school year
- Application Packet for Free/Reduced Meals (English & Spanish) - we would prefer that families fill out the application online. The online application is available in the following languages: English, Spanish, Arabic, French, Filipino, Vietnamese, Chinese (Mandarin). The links below won't be active until July 1.
 - [Apply Now \(English\)](#)
 - [Apply Now \(Spanish\)](#)
 - [Apply Now \(Arabic\)](#)
 - [Apply Now \(French\)](#)
 - [Apply Now \(Filipino\)](#)
 - [Apply Now \(Vietnamese\)](#)
 - [Apply Now \(Chinese-Mandarin\)](#)

- Consent for Disclosure (English & Spanish) - when families are approved for free/reduced meals, their approval email will also include a consent for disclosure form.

This information is also on our website: <https://www.usd497.org/Domain/49>



LION'S PRIDE PTO UPDATE

Parent/Guardian/Teacher Organization open to everyone Who cares for students and Staff at LHS

- ❖ **Lions Pride PTO** is looking for parents, grandparents, guardians, friends of the LHS Lions who want to get involved with PTO. If you have ideas, time or talents you would like to share with the LHS community to help support our students and staff, please reach out to one of us in person or at the email address listed below.
- ❖ For the latest news: Follow us on social media: Instagram: @lhslionspridepto, Facebook: Lawrence High Lions Pride - PTO and X (Twitter): LHSLionsPridePTO

**Shop online at the link below.
All proceeds support LHS Staff and Students!**



<https://lionspride-108327.square.site/>

Questions about anything
PTO-related, you can reach us at
lawrencehighlionspride@gmail.com

LHS Lions Pride PTO Committee

Jamie McNally - Chair
Jessica Wolleson - Treasurer
Nicole Etzel - Merchandise
Connie Grimes - Secretary/Appreciation
Allene Schworm- After Prom



FROM THE COUNSELORS



Schedules



Last semester, students chose their classes for the 2024-25 school year. They will be released on PowerSchool on this Thursday, August 1st. While there may be some wishes for changes, most of our classes are full and the schedule does not allow for much flexibility. Once released in PowerSchool this week, please look over your schedule and ensure the following:

1. Seven classes in seven different periods.
2. Have required classes:
 - a. 9th: English 9, Biology, Math
 - b. 10th: English 10, Science, Math, & World History
 - c. 11th: English, Science, Math, & U.S. History
 - d. 12th: English & U.S. Government



If your schedule is incomplete in any way, please visit with your counselor **IN PERSON**. We will be hosting an open house for incomplete schedules on the following days and times:

Tuesday, August 6th; 8 am to 3 pm
Wednesday, August 7th; 11 am to 3 pm

Schedules are much easier to complete face to face, but if you can't come in, please reach out to us either through email or phone. Please be patient with us--this is a very busy time of year for counselors.

If you have a complete schedule but want to change a class, you need to fill out a change request paper form which is in Student Services. Your request will be reviewed once we get all students into classes.



PSAT

PSAT is offered to Sophomores and Juniors in October. While registration is later in August, if you need accommodations due to a disability, please contact Amy Brown. There is a form that needs to be filled out and it is due by August 19th.

Stay in touch :

Please give us grace in responding:
Assigned Counselors are by first initial of the LHS student's Last Name.

A-E

Jennifer Hare
jhare@usd497.org

F-K

Amy Brown
afbrown@usd497.org

L-Q

Libby Martin
elizabeth.martin@usd497.org

R-Z

Michele Frantz
michele.frantz@usd497.org

Class Change Request

DO:

- Fill out form to request a change.
- Be honest in your rationale.
- Be patient--students without full schedules are our priority.
- Go to your scheduled course.
- Turn in form by the deadline: Friday, August 13th @ 3:30 pm.



DON'T:

- Request a specific hour or schedule.
- Request a specific teacher.
- Email your counselor every day asking if it is done.
- Skip class until the change.
- Miss the deadline.





LHS CHOIR: The LHS Chorale Department hosted a choir bonding cookout, where about 30 students gathered for games and food! We played croquet, corn hole, ladder golf, Jenga, spike ball, and bocce ball! Cooper did an amazing job grilling up some burgers, choir brought the rest of the dinner!



KCDA All-State Honor Choirs



The Royals are making a \$15000 presentation to Unified Sports of Kansas. Since LHS has the largest unified program and works so hard for inclusion, they asked teacher Susie Micka to represent LHS's commitment to inclusion by sitting in the Buck O'Neal seat. Unified players were offered free tickets to attend as well! Mrs. Micka feels very honored to be selected to sit in the special red chair but mostly, she feels so much gratitude for working with the best, most caring, and inclusive group of educators and students and hope you can take a few moments to enjoy how far we've come.

ATHLETIC OFFICE

[Patrick Graham](#)

Assistant Principal/Athletic Director

[Emily Cates](#)

Athletic Secretary

[Ashley Kampfer](#), LMH Health

Athletic Trainer

Mark your Calendars!
2024 -2025 All Sports Meeting
August 1, 2024
6:00 pm - Auditorium



Head Coach Contact Info

Baseball-Boys
Basketball-boys
Basketball-Girls
Bowling-Boys, Girls, Unified
Boys, Girls
Cross Country - Boys, Girls
Football-Boys
Gymnastics-Girls
Soccer-Boys, Girls
Softball-Girls
Spirit Squads-Coed
Swim/Dive-Boys, Girls
Tennis-Boys, Girls
Track-Boys, Girls
Volleyball-Girls
Wrestling-Boys
Wrestling-Girls

Green, Adam
Wood, Nick
Dickson, Jeff
Burton, Lary
Moos, John
Morgison, Kyle
Bowen, Clint
Gonzales, Alexis
Comparato, Joe
Byrn, Mike
Wedd, Gwen
Weber, Elle
Marshall, Chris
Trowbridge, Audrey
Newkirk, Deborah
Naughton, Patrick
Springer, Carl

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lburton@usd497.org
jmoos@usd497.org
kyle.morgison@usd497.org
clint.bowen@usd497.org
agonzale@usd497.org
joe.comparato@usd497.org
michael.byrn@usd497.org
gwedd@usd497.org
eweber@usd497.org
gcmarsha@usd497.org
apope@usd497.org
deborah.newkirk@usd497.org
pnaughto@usd497.org
carl.springer@usd497.org

DATES TO KNOW

AUGUST

- 1 - Athletic Office reopens for 2024-25
- 1 - Sports Information Meeting
- 2 - Athletic Office Opens
- 4 - Conditioning Begins: Basketball, Football, Volleyball
- 12 - Fall Forms **DEADLINE** - Aktivite.com
- 13 - Freshman Orientation Day
- 14 - First Day Classes
- 19 - First Day of Fall Sports



SEPTEMBER

- 2 - Last Day to Join Fall Non-Cut Sports
- 2 - No School
- 22- Little Lions Clinic Hosted by Spirit Squad (see flyer at end of newsletter)
- 25- Boys Soccer Freddy's Fundraiser

OCTOBER

- 4 - Homecoming
- 11 - No School
- 18 - No School
- 18 - Senior Night [Band/Football]
- 30 - Boys Soccer Chipotle (23rd St) Fundraiser

NOVEMBER

- 1 - Pink Out
- 11 - Winter Sports Forms **DEADLINE**- Aktivite.com
- 18 - First Day of Winter Sports
- 25 - Fall Break Begins



SPORTS REGISTRATION

All registration and forms submission for athletics is completed on the website www.aktivite.com.

- Forms may not be submitted in person to the athletic office, a coach, or summer coaching staff
- Physicals must be dated on or after May 1 of the previous school year to be valid

Current Athletes: If your student already has an Aktivite profile **do not** create a new profile in AKTIVATE for 24-25. Log in, select the athlete, and select 24-25 in the 'Select Year/Sport' drop-down menu. Be sure to review all previously entered information and make sure it is still correct. First-time LHS athletes/managers must complete a profile before uploading forms.

SPORTS FORMS SUBMISSION

All athletic forms must be submitted ONLINE at www.aktivate.com. Registration paperwork may not be submitted in person to the Athletic Office, Main Office, Coaches, or Summer Coaching Staff. First-time athletes must complete a profile before uploading the required forms.

SCHEDULES AND ATHLETICS INFORMATION

Lawrence High Athletics Department Website www.lawrenceathletics.org
The place to go for sports info!!

Schedules & Cancellation Info www.sunflowerleague.org
Official schedules for LHS Athletics!
Updated M-F 8:00 am-3:00 pm

Follow us on Twitter @LawHS_Athletics

HEALTH OFFICE

Carol Casteel, RN, MSN (ccasteel@usd497.org)

Marcy Frank, CNA, Health Office Assistant

Please keep your child home if they are ill!



For more information about influenza go to the following link:
<https://www.cdc.gov/flu/treatment/takingcare.htm#whatshould>

For information about COVID please visit the LPS website:
<https://www.usd497.org/Page/14886>

DENTAL CLINIC 9/16: Heartland Dental Clinic will hold a dental clinic at LHS on Monday, September 16 and Tuesday, September 17. An appointment is required. For an appointment or more information call

Hearland Health Dental at 785-841-7297.

Asthma Inhalers: High School students can and should keep their asthma inhalers with them at all times. Please contact the nurse if you would like the inhalers kept only in the health office.

Epi Pens: Please make sure the nurse knows that your student is keeping an EPI Pen with them in their backpack. If they have a need for emergency EPI PENS, they should have one with them at all times. Please notify the nurse about any changes or a new diagnosis so other staff are aware and can help in an emergency situation.

Seizures: Please notify the nurse if your student has been diagnosed with a seizure condition and has emergency medication to keep at school.

Diabetes: Please notify the nurse of updated diabetes medications and changes. Back-up snacks and medication can be kept in the health office.

OTC/Over-the-counter headache and pain medication (such as acetaminophen and/or ibuprofen, Midol, antacids, etc) can be kept with students. Ibuprofen, acetaminophen, and antacids are both available for no charge in the health office if ever needed.

RX/Prescription medications that are controlled substances (such as those for ADHD, anxiety, and depression), must be administered by the nurse or health office assistant during the school day.

Update on immunizations

- Covid Protocol: USD497 Protocol
- Meningococcal: 2 doses -All students should have a record of at least one dose of the Meningococcal vaccine usually given at 11-12 years of age and a second dose at 11th grade.
- Tdap: Tetanus, Diphtheria, Pertussis: One dose -usually is given in middle school but if your student missed this dose, please make sure they have this before school starts.
- Hepatitis A: 2 doses are required.

Recommended: yearly Influenza vaccine; HPV (Human Papillomavirus) 2 doses if given before age 15; otherwise 3 doses.

Please let the nurse know of any updated health situations that your student may have. We want to keep them healthy and successful for the remainder of the school year! –LHS Health office: 785-330-0721

CHESTY LIONS XC
JOIN CROSS COUNTRY

Are you interested in joining a sport at Lawrence High but are not sure where you fit in? Look no further than the LHS Cross Country team! We take all students 9th - 12th grade who want to meet new people and develop friendships that can last a lifetime. The program focuses on fostering a love for running while providing a safe and supportive environment for young runners to learn, grow, and find their way. Along with running, we will enjoy games and activities that will be both competitive and fun. Each athlete will earn a CC t-shirt and discover the pride of being a Chesty Lion! Scan the QR code to sign up!

When: First day of practice is August 19th at 3:30 PM
Who: Open to everyone! No prior experience required! **Must have forms completed in Aktivate prior to August 12th.**
Where: Outside of the West Gym at LHS
Why: To develop young runners and provide an opportunity to learn and experience the joy of cross country!

Email Coach Morgison if you have questions: kyle.morgison@usd497.org



\$40.00
(Includes an
LHS Spirit T-
Shirt and Pom
Poms)

Cash or Check
ONLY
(made out to
LHS Spirit
Squad)



LITTLE LIONS CLINIC 2024

SUNDAY, SEPT. 22ND

Open to ages
PreK - 6th Grade
Walk-Ins
Welcome!

Scan to register



**1:00-3:00 PM
LHS Main Gym**

**Registration/
Doors Open at
12:30pm**



Participants will perform at the
**Friday, September 27th varsity
football game @ LHS**

Participants will cheer the entire first
half of the game and perform their
routine at halftime with the
spirit squad and band.